



THE
SCHLOSS ELMAU
EXPERIENCE

Spa & Sports

Buchung an der Spa Rezeption *Reservation at the Spa Reception:*
Tel. ext. 981

oder im Webshop *or in our Webshop*



SPA OVERVIEW

	Ⓐ	ⓔ
BEAUTY		
GESICHTSBEHANDLUNGEN FACIALS		
Facial Individuell	60	130
Facial Express	30	75
Ultraschall <i>Ultrasound</i>	30	85
Microdermabrasion	60	150

EXTRAS (solo oder zur Gesichtspflege buchbar)
(*bookable solo or as an add-on to facials*)

Augenbrauen stylen <i>Eyebrow shaping</i>	15	30
Wimpern färben <i>Eyelash tinting</i>	20	35
Augenbrauen färben <i>Eyebrow tinting</i>	10	20
Nägel lackieren <i>Nail polish</i>	15	30
French Lack <i>French Lack</i>	25	40

MAKE-UP		
Tages-Make-up <i>Daytime make-up</i>	30	50
Abend-Make-up <i>Evening make-up</i>	50	80
Hochzeits-Make-up <i>Wedding make-up</i>	60	100

HAND & FUSS HAND & FEET		
Express Maniküre <i>Express manicure</i>	40	75
mit Lack <i>with polish</i>	55	100
Signature Spa Maniküre <i>Manicure</i>	65	125
Express Pediküre kosmetisch <i>Pedicure (non-medical)</i>	40	75
mit Lack <i>with polish</i>	55	100
Express Pediküre medizinisch <i>Pedicure (medical)</i>	45	85
mit Lack <i>with polish</i>	60	110
Signature Spa Pediküre kosmetisch <i>Signature Spa pedicure (non-medical)</i>	65	125
Signature Spa Pediküre medizinisch <i>Signature Spa pedicure (medical)</i>	70	135
Lackieren ohne Maniküre Pediküre <i>Polish without manicure pedicure</i>	15	30
French Lack ohne Maniküre Pediküre <i>French tips without manicure pedicure</i>	25	40

WAXING		
Unterschenkel mit Knie <i>Lower leg with knee</i>	25	45
Beine komplett <i>Full leg</i>	40	70
Achselzone <i>Underarm</i>	15	30
Bikinizone <i>Bikini</i>	30	50
Oberlippe <i>Upper lip</i>	10	20
Oberlippe und Kinn <i>Upper lip and chin</i>	20	35
Brust / Rücken <i>chest / back</i>	40	70

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MASSAGE		
Individual Relax Focus	60	150
	45	120
	30	80
Deep Tissue	60	150
	45	120
	30	80
Arnika-Milch + Tonikum zubuchbar <i>Arnica milk + tonic add-on</i>		10
Signature Relax Massage	60	150
	45	120
Fußreflexzonen-Massage <i>Foot reflexology massage</i>	45	120
Fuß- und Unterschenkelmassage <i>Foot and lower leg massage</i>	45	120
Lomi Lomi Nui	60	150
Healing Stones	60	150
	45	120
Healing Blend	60	150
Abhyanga	60	150
Traditionelle Thai-Massage <i>Traditional Thai Massage</i>	60	150
Thai-Öl-Massage <i>Thai Oil Massage</i>	60	150
Thai-Öl-Massage Nacken & Rücken <i>Thai Oil massage neck & shoulders</i>	45	120
60' mit Kräuterstempel 60' <i>with herb stamp</i>	60	150
Thai-Fußmassage <i>Thai foot massage</i>	45	120

MEDIZINISCHE ANWENDUNG MEDICAL TREATMENTS		
Medizinische Massage	60	180
<i>Medical massage</i>	45	140
	30	100
Lymphdrainage	60	150
<i>Lymphatic drainage</i>	45	120
	30	80
Gesundheitstraining	60	150
<i>Health training</i>	30	80
Beratung durch Frau Dr. König	30	100
<i>Consultation with Dr. König</i>	15	50

SCHWANGERSCHAFTSMASSAGEN (AB DEM 4. MONAT) PREGNANCY MASSAGES (FROM THE 4TH MONTH ON)		
Lomi Lomi Nui	45	120
Fuß- und Unterschenkelmassage <i>Foot and lower leg massage</i>	45	120
Lymphdrainage <i>Lymphatic drainage</i>	45	120

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SPORT		
Funktionelles Training <i>Functional coaching</i>	60	130
	30	70
Lauftraining <i>Running coach</i>	60	130
	30	70
Outdoor Training (Gravel / Trailrun / Bike & Hike) 3-4h 1-3 Personen <i>people</i>	3-4h	350
Bewegungsanalyse / Laufen <i>Movement analysis / Running</i>	60	150
Leistungsdiagnostik Basic <i>Performance diagnostics Basic</i>	60	150
Leistungsdiagnostik Premium <i>Performance diagnostics Premium</i>	120	280
Trainingsberatung / Sportmentaltraining <i>Coaching / Mental coaching for sports</i>	60	150
	30	80
Yoga / Pilates (Geräte) - 2 Personen <i>Yoga / Pilates (machines) - 2 people</i>	60	150
	30	80
Gruppenkurse - Beratung an der Spa Rezeption <i>Group classes – Consult with Spa reception desk</i>	60	350
	30	180

PRIVATE SPA EXCLUSIVE		
Private Rooftop	5.5 h	ab 1.600
Private Spa Ferchenbach	3 h	ab 300
Early/Late Sauna Time	1 h	50

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TURTLE SPA®		
Tuina inkl. Kurzdiagnose <i>Tuina incl. short diagnosis</i>	60	180
	30	80
TCM Erstanamnese <i>TCM Initial consultation (medical history)</i>	60	180
Tuina Massage, inkl Schröpfen & Guasha <i>Tuina massage incl. Cupping & Gua Sha</i>	60	150
	45	120
TCM Strategy Talk	60	150
	30	80
TCM Fünf-Elemente-Ernährung <i>TCM 5 Elements Nutrition</i>	60	150
	30	80
Private Qigong / Taijiquan inkl. Übungsvideo <i>Private Qigong / Tai Ji Quan session incl. exercise video</i>	60	150
	45	120
	30	80

FÜR KIDS & TEENS FOR KIDS & TEENS		
Happy Facial	50	85
Happy Hands Happy Feet	35	55
Happy Back Massage	30	70
	15	35
Haircut - Kids bis 10 Jahre <i>10 years and under</i>	30	45
Haircut - Teens kurzes Haar bis 16 Jahre <i>Short hair 16 years and under</i>	30	45
Haircut - Teens langes Haar bis 16 Jahre <i>Long hair 16 years and under</i>	60	90

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	L	€
HAIR SALON		
DAMEN WOMEN		
Styling kurzes Haar inkl. Pflege <i>Styling (short hair) incl. care</i>	45	70
Styling langes Haar inkl. Pflege <i>Styling (long hair) incl. care</i>	60	90
Styling mit Lockenwicklern kurzes Haar <i>Styling with curlers (short hair)</i>	45	70
Styling mit Lockenwicklern langes Haar <i>Styling with curlers (long hair)</i>	60	90
Haircut kurzes Haar <i>Haircut (short hair)</i>	60	115
Haircut langes Haar <i>Haircut (long hair)</i>	75	140

HERREN MEN		
Men's cut (inkl. Haartonic & Kopfmassage) <i>Men's cut (incl. hair tonic & head massage)</i>	45	75
Shorty Short Cut (Maschinenhaarschnitt) <i>Shorty Short Cut (Clipper cut)</i>	20	35
Coloration & Men's Cut <i>Color & Men's cut</i>	90	150
Coloration & Styling <i>Color & styling</i>	60	115
Beard Care (Bartpflege)	20	40

COLOR FRESHENING & STYLING		
Ansatzcoloration & Styling kurzes Haar <i>Root touch-up & styling (short hair)</i>	105	180
Ansatzcoloration & Styling langes Haar <i>Root touch-up & styling (long hair)</i>	120	200
Global Coloration & Styling kurzes Haar <i>Global color & styling (short hair)</i>	115	200
Global Coloration & Styling langes Haar <i>Global color & styling (long hair)</i>	130	220

	L	€
HAIR SALON		
COLOR FRESHENING & HAIRCUT		
Ansatzcoloration & Haircut kurzes Haar <i>Root touch-up & Haircut (short hair)</i>	120	200
Ansatzcoloration & Haircut langes Haar <i>Root touch-up & Haircut (long hair)</i>	140	240
Global Coloration & Haircut kurzes Haar <i>Global Color & Haircut (short hair)</i>	140	240
Global Coloration & Haircut langes Haar <i>Global Color & Haircut (long hair)</i>	160	260

COLOR REFLECTION & STYLING		
Global Highlights & Styling kurzes Haar <i>Global highlights & styling (short hair)</i>	135	220
Global Highlights & Styling langes Haar <i>Global highlights & styling (long hair)</i>	150	250
Highlights & Styling kurzes Haar <i>Highlights & styling (short hair)</i>	90	150
Highlights & Styling langes Haar <i>Highlights & styling (long hair)</i>	110	180

COLOR REFLECTION & HAIRCUT		
Global Highlights & Haircut kurzes Haar <i>Global highlights & Haircut (short hair)</i>	150	250
Global Highlights & Haircut langes Haar <i>Global highlights & Haircut (long hair)</i>	165	300
Highlights & Haircut kurzes Haar <i>Highlights & Haircut (short hair)</i>	110	180
Highlights & Haircut langes Haar <i>Highlights & Haircut (long hair)</i>	125	220

FESTTAGS-FRISUREN		
Hochsteckfrisur <i>Updo</i>	60	120
Hochzeitsfrisur inklusive Styling <i>Wedding hair including styling</i>	150	300
Beratung <i>Consultation</i>	30	60

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